

## About the Authors

Krista Albrecht is a travel specialist with Glass Slipper Concierge, focusing exclusively on Disney destinations and an avid recreational runner who has completed numerous 10Ks, runDisney events, and the New York City Marathon. She visits various Disney destinations multiple times each year with her family. From the Kids' Races to the Goofy Race and a Half Challenge, all members of her family have participated in runDisney races. This year, Krista will be participating in the Happy Haunted 5K, Tower of Terror 10 Miler, Wine and Dine Half-Marathon, and the Walt Disney World Half-Marathon. She will also be cheering on her husband as he completes the Goofy Race and Half Challenge and her daughter in the 200m Dash at Disney's Kids' Race. Krista currently lives in Alabama with her husband, daughter, and a very spoiled Pembroke Welsh Corgi.

Megan Biller, a travel specialist with Glass Slipper Concierge (specifically Disney destinations) and avid runner, has been visiting Walt Disney World since she was a toddler. Her love of Disney grew as she continued to visit the parks and sail on the cruise line. Athletic all her life, Megan took to running and has experienced multiple runDisney events - falling in love with each and every one. Her husband is a recurrent ChEAR Squad member and personal photographer for her races, encouraging her along the way. Upcoming runDisney events for Megan include the Wine & Dine Half Marathon and her first full marathon: the 20th Anniversary of the Walt Disney World Marathon! Megan currently lives in Michigan with her husband (and hopefully soon with a running partner of canine form).